

# FOR PARENTS: SAFETY INFO

## MEDICAL:

- Share any medical information that may affect your child during practice or games with your team manager. If you have additional concerns or needs, contact [safety@bnll.org](mailto:safety@bnll.org)

## MANAGER/PARENT:

- Parents should make sure the team manager has their current contact information.
- Always arrive on time, start and finish, for practice and games.
- Do not ask your team manager to stay late after practice or game with your child.
- Do not ask your team manager to transport your child.
- Your child should always be in the presence of two adults, and should not communicate 1:1 electronically with their coach. If not, notify [safety@bnll.org](mailto:safety@bnll.org)
- Practice and games should end on a positive note. If you have a critique for your manager, wait one day then discuss it via email or phone; not in front of the player.

## PLAYER/PARENT:

- **During and after practice/games, be 100% positive in your comments.** Focus on having fun!
- Prior to a practice/game, ask your child to work on one aspect of their game.
- Encourage players to watch baseball/softball at home every week!

## WARM UP/GEAR:

- Arrive at games 30 minutes early so players can warm up their arms, etc.
- Pitchers must be warmed up by a player (not adult) and that player must be wearing a safety cup.
- Catchers must wear a helmet, mask, throat protector, chest protector, shin guards, and cup (male).

## BATTING:

- All bats must remain on the ground or in a bag. No one holds a bat, except the batter at home plate! **STOP any child you see that is holding or swinging a bat.** Talk to your child about bat rules and standing clear of any child with a bat.

## LIGHTNING/WEATHER:

- Leave the field if lightning is detected within a 10-mile radius of the field. Parents may remove their player from the field at any time, without coach or umpire approval, if you are uncomfortable with the lightning situation.
- Leave the field if the ambient temperature is below 32F or above 100F
- No games or practice if AQI is 151+ (defer to Paku Purple Air app)

## MAINTAINING ORDER:

- Misbehaving players receive a timeout. If behavior continues, players will be asked to sit with their parents. If behavior challenges persist, please reach out to the division commissioner for assistance.

## FIRST AID KITS:

There is a first aid kit located in every gear box or dugout lockup. Managers and coaches are responsible for letting their commissioner know when supplies have been used.. First aid kits contain:

- |                                    |  |  |
|------------------------------------|--|--|
| • 10 Large Gauze Pads              | • 1 first aid manual                       | • 3 sets gloves (6 total)  |
| • 5 Small Gauze Pads (or total 15) | • 1 CPR mask                               | • 10 neosporin packets   |
| • 3 self cohesive wraps            | • 30 nose bleed plugs                      | • 5 cold compresses - instant (keep 1 cold compress in top tray)   |
| • 9 packs (or 3 sets) sting relief | • 1 antiseptic liquid bottle (non-expired) | • 1-2 sheets of incident report form + cover page, coach sends to <a href="mailto:safety@bnll.org">safety@bnll.org</a> |
| • 1 biohazard trash bag            | • 1 medical scissors                       |  |
| • 1 tweezer                        | • 12 Large Band-aids                       |  |
|                                    | • 20 Small Band-aids                       |  |

BNLL League Safety Officer: Chris Joyce  
BNLL President: Tony DeLosAngeles  
BNLL Vice President: Megan Burgess

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